



Idiom Podium

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Level 3

Off the top of your head

if you comment on something off the top of your head, what you are about to say is not thought of previously. You haven't thought of it before saying it and it might not be correct

- A: How much does a house in Cairo cost?
B: Off the top of my head, I'd say about 50,000\$.

Off your head

very strange or foolish

- You must be off your head to continue living in this very expensive city after losing your job.

On the tip of your tongue

if a comment or a question is on the tip of your tongue, you really want to say it or ask it, but you decide not to say it

Or

if a word or a name or an answer is on the tip of your tongue, you know it and you can almost remember it but you just don't

- It was on the tip of my tongue to tell her that I saw him with another girl, but I said nothing.
- Do you remember that guy who gave us the tickets? oh, what was his name? Oh, it's on the tip of my tongue! That's annoying, why can't I remember his name?

Memory and mind



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Out of your mind

if you say that someone is out of their mind, you mean that they are very stupid

- You spent five hundred dollars on a jacket! Are you **out of your mind**?

Going/Out of your mind with...

= to feel something strongly

if you say that someone is out of their mind with worry, you mean that they are extremely worried

- She's **out of her mind** with worry, she hasn't seen her husband in days.
- She's **going of her mind** with worry, she hasn't seen her husband in days.

Rack your brain

to think very hard about something or try very hard to remember it

- They asked me for fresh ideas, so I **racked my brain** for the whole day.
- Bob **racked his brain** trying to remember where he had put his keys.

We can also say "**rack your brains**" the plural form. Both are ok and widely used.

Ring a bell

If something rings a bell, it is slightly familiar to you and you know you have heard it before, but you don't remember it fully

- The name **rings a bell** but I can't remember where I've heard it.

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